

Inyanei Nichum Aveilim
Guidelines for comforting mourners

- It is not necessary to knock, if the door is unlocked, go in.
- Do not speak until spoken to by the *aveil* (mourner).
- Do not ask personal, medical or prying questions.
- Speak only if you are certain your words will bring comfort to the mourner. [Share a story which demonstrates the greatness or kindness of the *nifter* (deceased)].
- Allow the *aveil* to direct the conversation.
- Do not converse with other visitors.
- Do not sit for longer than fifteen to twenty minutes if you are not very close with the *aveil*.
- Respect posted meal-times and rest-times.
- Quietly ask others in the household (besides the mourner) if there is any way you can be helpful.
- Before leaving, rise and softly wish the following to the *aveil*:

*Hamakom yinacheim eschem bisoch shi'ar aveilei tziyon
viyerushalayim.*

Lizecher nishmas Chaya bas Moshe Mordechai A'H